



HNJ Knights of Columbus

Official Newsletter of the Knights of Columbus Bishop Verot Council #5845

Editor: John Youngs, hueys_54@hotmail.com

MARCH 2009

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Two Year Trustee

Frank Montelione (Ruthie)
777-9086

One Year Trustee

George Adams
773-4387

Editor's Corner

Just a reminder — please send me pictures and calendar dates. This is a great way to increase participation and keep all the members informed. My deadline is the 17th of each month.

POTPOURRI FROM THE GRAND KNIGHT DALE SAUNDERS

2/18/2009

By the time you get this we will be well into Tootsie Roll sales to help the mentally and physically challenged within our local beach communities. It's for sure the time donated by each of us outside a store collecting whatever some stranger decides to contribute can be tedious. Yet each year as we make this effort, our payoff is the money we collect goes to good cause and community awareness and emphasis in this area continues to grow.

For this council the volunteer spill over into other areas involving the handicapped, particularly participation in Special Olympics has been significant. The brothers, wives, children and teen volunteers who have touched and been touched by these special people has been huge. The personal warmth, love and satisfaction very high! So keep this in

mind when the wind is whipping around you on a chilly, late shift with Tootsie Rolls, it's truly 'God's' work!

Also running full steam will be our effort in coordinating the Parish Lenten Fish Fry. The transition from last year's parking lot operation to a fully integrated computerized kitchen effort has not been without challenge.

As most of you know, the majority of the planning has been done at the parish level and Jerry Fleis our Knights chairman has been very busy with the details for managing an event for which we have less than full control. Yet in the fashion our parish has come to expect from the Knights of Columbus, Jerry and the council have been working overtime to mobilize our resources to make the event as successful as it can be.

One interesting sub tale to this was we got the final parish approval on tickets and banner signage late on a Wednesday, along with a request to begin Lenten presale tickets at all weekend masses the following Saturday. Not ideal timing, yet 3 days later, Joe Tracy and new member Robert Veliquette were up and running from the 7:15 AM Saturday morning mass. No, not a typo, presale activity started 9 hours ahead of 4:30PM Saturday mass!

Robert was also back again selling tickets in advance of "Sound of Music" that evening. All Sunday masses were manned, and Robert turned over some 70 presold ticket proceeds with another 30 some committed to another parish ministry for which he will collect money yet this week! That brothers, is what commitment has become in this council! Hats off to Joe and Robert for

DEPUTY GRAND KNIGHT RICK BRODERICK

Another month just passed and I can hardly believe it. Where does time go and can we slow it down or do we even want to? My answers to these are as follows:

Where does time go? I think as we get older it just sort of goes. It seems to just be there in the morning and all of a sudden you're going to bed. We say a lot more things like "I'll do it tomorrow", "wow, where'd the morning go?" "Time flies regardless of having fun or not".

Can we slow time down? I think the answer here is a bit more promising. We can take some long walks with the woman we love, spend time with the kids and really, I mean really sit and just have an evening of talking with

some friends. This slows things down a bit. Take a week off; cancel the schedule and just enjoy doing stuff you always say "you'll get to". Time may not be our friend as we get older but we can make it our ally.

Do we want to slow it down? If you're like me you definitely want to slow things down to "stop and smell the roses". Take the time to try something new.

OK why the long intro for my monthly article? I want to emphasize that there are a lot of activities coming up for the Knights and that some of us may feel stressed but that we shouldn't. Let's do the best we can and enjoy what we do. Let's be sure we have fun whether at the Lenten Fish Dinners or the

Tootsie Roll Drive or the Special Olympics events or the Easter Egg Hunt. We need to enjoy this time as it is a give back of our time and talent to the community and it's all good. I want to say that these are some of the best times I've had and mainly because so many have contributed with little or no fan fare. You are the Knights and we are the Knights together. Rosary in our pockets, Hail Mary ever on our lips; who can we not conquer? What can we not achieve?

That's right together all of us make a team beyond compare in the service of her divine Son — Jesus! Now let's just go and make it happen! Trust in God and it will happen! Let me end with a prayer I read the other day in



KoC Lenten Fish Fry

Baked or Fried

Fridays of Lent

4:30pm—7:00pm

GRAND KNIGHT (CONT'D)

the job they are turning in with this phase of the fish fry!

It's also why our movement can get so much accomplished and particularly how quickly, when we simply "do" as opposed to wondering "if" we can do! This Grand Knight learned some time ago, that the Holy Spirit is surely "driving" our energy and efforts. Look at what's been happening, new and different people for almost every event show up to take charge or help to make it a success! So long as we continue doing for good and valid purpose, we cannot fail to maintain that Holy Spirit partnership!

Membership & Advancement!

Please help with a new member before the March winds stop blowing! With all our parish/community exposure immediately coming up, surely we can find other new men to join this great organization!

Those of you that are 1st & 2nd Degree members, please take every opportunity to advance your degrees during March and April. There will be several opportunities for each, and you will be kept advised. If you can't make one make plans for the next! The advance degrees are what will

cement your relationship to the Knights and you won't be sorry!

Several brothers under difficult circumstances to keep in our intentions are Chancellor Will Davis recovering from surgery and Lecturer Ron Stinton about to undergo surgery. Both will be sorely missed by the council until their recovery and return!

Peace & God Bless as we move into the solemn Lenten season, Dale

SERVING THOSE WHO SERVED

(From www.kfc.org)

Our military personnel voluntarily act as the protectors of our nations, standing on the front lines while keeping us safe behind them.

The Knights of Columbus acknowledges this unselfish act of patriotism by promoting the "Serving Those Who Served" program. There are 26 million U.S. veterans and hundreds of thousands of men and women currently serving in the military. Meeting the needs of such a large population is the Veterans Health Administration (VHA) of the Department of Veterans Affairs, which operates more than 1,000 facilities throughout the United States, ranging from full-service hospitals to nursing homes and home-care programs.

The U.S. Department of Veterans Affairs Veterans Affairs Voluntary Service (VAVS) Program is the vehicle that the Knights of Columbus uses in the Serving Those Who Served program. The Vice President for Fraternal Services has oversight of the VAVS program. The program is directed and managed by the Assistant for Military and Veterans Affairs who also serves as the National VAVS Representative to the VAVS National Advisory Committee (NAC). The KofC VAVS program is executed through the Fourth Degree chain of command through the U.S. Vice Supreme Masters and District Masters. Under the program, a Knight of Columbus is certified as a VAVS representative or deputy representative at a VA medical center. Our certified representatives and deputy representatives attend hospital meetings and organize efforts for K of C volunteers.

The Knights of Columbus currently has VAVS representatives at almost every VA medical center (VAMC) and many clinics in the United States. There is one certified representative and, up to, three deputy representatives from the Knights of Columbus at these VAMCs. Representatives recruit and manage K of C VAVS volunteers in developing activities and programs that target the most essential needs of the patients.

In the United States, the VA hospitals, clinics and facilities need all types of volunteer services – from program planning to visiting veterans. For more information on this outstanding program, please contact your Fourth Degree district master, the Voluntary Service Chief at the nearest VA Medical center, or use this form.

The philosophy behind "Serving Those Who Served" is simple: the men and women of the Armed Forces didn't let the Nation down on the battlefield, and the Knights of Columbus will not let these veterans down now.



"The U.S. Department of Veterans Affairs Veterans Affairs Voluntary Service (VAVS) Program is the vehicle that the Knights of Columbus uses in the Serving Those Who Served program"

DO YOU RENT YOUR INSURANCE OR OWN IT?

If you own term insurance, you are, in effect, renting it for a period of time. Whole life or permanent insurance will be with you for your lifetime.

Whole life insurance calls for premiums to be paid for your entire life, or to age 100. You may want to consider a permanent life insurance product – one with guaranteed cash values – that offers a limited period of premium payments.

Last year we paid more in living benefits (dividends) than we did in death benefits. Many of our permanent certificate holders allow their dividends to pay for their insurance after a few short years.

The Knights of Columbus offers three permanent life insurance products for which premiums do not have to be paid for all of life.

“Twenty Pay Life” is exactly as the name suggests – a permanent plan with premiums payable for only 20 years. After the premiums are paid for the 20 years, the plan is “paid up” and no more premiums are due. Unlike its term counterpart, however, the plan stays in force, the death benefit remains intact and the guaranteed cash value continues to grow.

Another such plan is our “Life Paid Up at 65.” You buy this permanent product and you only pay premiums to age 65. Then, premiums stop (just in time for retirement), but the plan remains very much in force.



Finally, the ultimate in limited pay is our Single Premium Life product. Imagine buying life insurance – permanent life insurance – and only paying one single premium? It's possible.

I have detailed information on all of these products. At your convenience, I'll meet with you and your spouse to perform a free, custom-tailored needs analysis, to help determine which of our many life insurance products is right for you and your family.

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Annual Tootsie Roll Drive

for Charity is coming up. We will be working weekends during February and March.



Please email

asrover@bellsouth.net

or call Aaron (729-0082) to get your time slot. This is one of the most important charity events of the year for our council. The Council needs your support.

- 28 Feb & 1 Mar: Winn Dixie and Walmart IHB and Publix Satellite Beach
- 7,8,14,15 Mar: Publix Melbourne Beach

DEPUTY GRAND KNIGHT (CONT'D)

a book entitled: Never Alone by Joseph Girzone.
 “God I’m here. I’m not asking for anything, God.
 I just want to be near you and open my heart to you.
 I need you, Lord, and I’m here at your disposal.
 Whatever you want to do with me, Lord, I’m ready.
 I don’t know what to say to you.
 I don’t know what to ask you.
 I don’t even understand what is important for me.
 You know it all beforehand anyway.
 I know you have much to share with me, Lord.
 I am finally ready to listen.
 Speak to me, Lord, my heart is open to you.
 But, Lord, please don’t leave me alone.”
 Sounds a lot like Father Tony’s prayer, maybe we can get Father Tony to teach us his prayer so we can use it in his honor to open our meetings. So unlike that popular phrase don’t just do it, really make it happen!
 God bless and God love ya!

THE THREE PILLARS OF LENT

The three traditional pillars of Lenten observance are prayer, fasting and almsgiving. The key to renewed appropriation of these practices is to see their link to baptismal renewal.

Prayer: More time given to prayer during Lent should draw us closer to the Lord. We might pray especially for the grace to live out our baptismal promises more fully. We might pray for the elect who will be baptized at Easter and support their conversion journey by our prayer. We might pray for all those who will celebrate the sacrament of reconciliation with us during Lent that they will be truly renewed in their baptismal commitment.

Fasting: Fasting is one of the most ancient practices linked to Lent. In fact, the paschal fast predates Lent as we know it. The early Church fasted intensely for two days before the celebration of the Easter Vigil. This fast was later extended and became a 40-day period of fasting leading up to Easter. Vatican II called us to renew the observance of the ancient paschal fast: "...let the paschal fast be kept sacred. Let it be celebrated everywhere on Good Friday and, where possible, prolonged throughout Holy Saturday, so that the joys of the Sunday of the Resurrection may be attained with uplifted and clear mind" (Liturgy, # 110).

Almsgiving: It should be obvious at this point that almsgiving, the third traditional pillar, is linked to our baptismal commitment in the same way. It is a sign of our care for those in need and an expression of our gratitude for all that God has given to us. Works of charity and the promotion of justice are integral elements of the Christian way of life we began when we were baptized.



CATHOLIC DAYS THE CAPITOL

- Tuesday, March 10th: Legislative Briefing 3:00pm Civic Center
 - Wednesday, March 11th: Legislative Luncheon 12:00pm Civic Center
 34th Annual Red Mass 6:00pm Co-Cathedral
 (with Florida Bishops)
 - Thursday, March 12th: Legislative Visits 8am-12pm Capitol
 There will be bus transportation to the Civic Center or the Capitol from the hotel (LaQuinta)
 - We will arrive in Tallahassee before the Legislative Briefing
 We will leave Tallahassee at 12 p.m. on March 12th
 For more information contact: Office of Advocacy and Justice 407-246-4819 or email eclay-ton@orlandodiocese.org
March 10-12, 2009
 Make your voice heard!
 Join us as we meet and build relationships with our legislative representatives and Catholic Bishops. It will be a great opportunity to advocate on social issues & church teachings.

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CHANGE SERVICE REQUESTED

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KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.

MARCH Calendar of Events

1	Tootsie Roll Sales		Publix Sat Beach / Winn Dixie & Walmart Indian Harbor Bch
3	Business Mtg	7:30pm	Athletic Center
6	1 st Friday Rosary	7:15pm	Chapel
6	Fish Fry	4:30-7:00pm	Parrish Life Center
7,8	Tootsie Roll Sales		Publix Melbourne Beach
13	Fish Fry	4:30-7:00pm	Parrish Life Center
14,15	Tootsie Roll Sales		Publix Melbourne Beach
17	Social Meeting/1st Degree	7:30pm	Athletic Center
20	Fish Fry	4:30-7:00pm	Parrish Life Center
24	Knight's nite out	6:30pm	Bizzarro Famous NY Pasta & Pizza, Satellite Beach
25	Run for Life		Ascension Catholic Church
27	Fish Fry	4:30-7:00pm	Parrish Life Center

APRIL Calendar of Events

3	Fish Fry	4:30-7:00pm	Parrish Life Center
3	1 st Friday Rosary	7:15pm	Chapel
7	Business Mtg	7:30pm	Center
21	Social Meeting	7:30pm	Athletic Center
28	Knight's nite out	6:30pm	

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